

# PERU PUBLIC SCHOOL DISTRICT #124

## BREAKFAST/LUNCH MENU

### SEPTEMBER 2023

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday  |
|---|--|---|--|---|
|   |  |   |  | 1   |
|   |  |   |  | Juice<br>Fruit<br>Breakfast Pizza<br><br>Stuffed Crust Pizza<br>Mixed Vegetables<br>Sliced Apples                                     |
| 4   | 5  | 6   | 7  | 8   |
| NO<br><br>SCHOOL  | Juice<br>Fruit<br>Scrambled Eggs<br>Sausage Patty<br><br>Breaded Pork Chop on a Bun<br>Ketchup<br>Carrot Sticks with Ranch Cup<br>Mixed Fruit        | Juice<br>Fruit<br>Breakfast Bagel<br><br>Taco in a Bag<br>Romaine Lettuce<br>Salsa<br>Pineapple           | Juice<br>Fruit<br>Cherry Frudel<br><br>Meatball Sub<br>Green Beans<br>Peaches  | Juice<br>Fruit<br>Breakfast Pizza<br><br>Sausage Pizza<br>Mixed Vegetables<br>Pears   |
| 11  | 12   | 13  | 14   | 15  |
| Juice<br>Fruit<br>Strawberry Bagelful<br><br>Chicken Nuggets<br>Ketchup<br>Carrot Sticks with Ranch Cup<br>Apricots | Juice<br>Fruit<br>Mini French Toast<br><br>BBQ Rib on a Bun<br>Green Beans<br>Mixed Fruit  | Juice<br>Fruit<br>Breakfast Burrito<br><br>Buffalo Chicken Bites<br>Baked Beans<br>Corn<br>Tropical Fruit | Juice<br>Fruit<br>Blueberry Bread<br><br>Lasagna Roll Up<br>Mixed Vegetables<br>Breadstick<br>Mandarin Oranges                   | Juice<br>Fruit<br>Breakfast Pizza<br><br>Pizza Calzone<br>Romaine Lettuce Salad with Dressing<br>Pears                                |
| 18  | 19   | 20  | 21   | 22  |
| Juice<br>Fruit<br>Cinnamon Bagelful<br><br>Chicken Drumstick<br>Ketchup<br>Mixed Vegetables<br>Apricots             | Juice<br>Fruit<br>Mini Chocolate Donuts<br><br>Macaroni & Cheese<br>Green Beans<br>Pears<br>Dinner Roll with Butter                                  | Juice<br>Fruit<br>Cereal<br>Yogurt<br><br>Hot Dog on a Bun<br>Corn<br>Pineapple                           | Juice<br>Fruit<br>Cheese Omelet<br>Sausage Patty<br><br>Turkey and Cheese Sub<br>Sun Chips<br>Broccoli with Ranch Cup<br>Peaches | Juice<br>Fruit<br>Breakfast Pizza<br><br>Pizza Crunchers<br>Marinara Cup<br>Carrot & Celery Sticks with Ranch Cup<br>Mandarin Oranges |
| 25  | 26   | 27  | 28   | 29  |
| Juice<br>Fruit<br>Mini Pancakes<br><br>Chicken Sticks<br>Ketchup<br>Sweet Potato Fries<br>Corn<br>Peaches           | Juice<br>Fruit<br>Biscuit with Jelly<br>Sausage Link<br><br>Meatloaf<br>Mashed Potatoes with Gravy<br>Mixed Vegetables<br>Dinner Roll<br>Fresh Fruit | Juice<br>Fruit<br>Cinnamon Monkey Bread<br><br>BBQ Pulled Pork on a Bun<br>Baked Beans<br>Pears           | Juice<br>Fruit<br>Donut Holes<br><br>Cream of Chicken over a Biscuit<br>Carrots<br>Apricots                                      | Juice<br>Fruit<br>Breakfast Pizza<br><br>Cheese Pizza<br>Spinach Salad with Dressing<br>Tropical Fruit                                |